

PANHANDLE BUTTERFLY FOOD

Successful butterfly gardening requires two types of plants: the nectar plant and the host plant. Food for the adult butterflies comes from a wide array of nectar plants. However, the caterpillar will usually eat only one type of plant and it is the only plant on which the adult female will lay its eggs. The information provided on this page will help you select the proper plants to attract butterflies to your yard.

Butterfly

Host Plant

Giant Swallowtail	Cultivated Citrus (<i>Citrus</i>), Hercules Club (<i>Zanthoxylum clava-hercules</i>)	
Viceroy	Willow	
Mourning Cloak	Willows	
Gulf Fritillary	Purple Passionvine (<i>Passiflora Incarnata</i>)	
Monarch	Milkweed (<i>Asclepias</i>)	
Black Swallowtail	Carrot (<i>Daucus carota v. sativa</i> , fennel (<i>foeniculum vulgare</i>) Parsley	
Cabbage White	Mustard (<i>brassica juncea</i>), cabbage (<i>brassica oleracea</i>)	
Cloudless Sulphur	Cass, (<i>Senna bicapsularis, alata, corymbosa</i>)	
Red Admiral	False Nettle (<i>Limenitis arthemis</i>)	
American Painted Lady	Curry plant (<i>Helichrysum angustifolia</i>) and cudweed	
Painted Lady	Hollyhock (<i>Alcea rosea and Malva zebrina</i>)	
Eastern Tiger Swallowtail (<i>Papilio glaucus</i>)	Wild Cherry, (<i>Prunus</i>) Sweet bay, (<i>Magnolia virginiana</i>) (<i>Magnolia virginiana</i>)	
Common Buckeye (<i>Junonia coenia</i>)	Twin flower, (<i>Dyschoriste</i>) Firecracker plant, Toadflax, (<i>Linaria</i>)	
Pipevine Swallowtail	Wooly Pipevine (<i>Aristolochia tementosa</i>)	
<u>A few top common nectar plants include:</u> (red, yellow, orange and purple)		
Coreopsis, (<i>Coreopsis lanceolata</i>)	Mexican Cigar Plant, (<i>Cuphea citriodora</i>)	
Indian Blanket, (<i>Gaillardia pulchella</i>)	Firebush, <i>Hamelia patens</i>)	Lantana, sterile hybrids
Verbena, (<i>Verbena braziliensis</i>)	Mexican Sage, (<i>Salvia leucantha</i>)	
Society Garlic, (<i>Tuhlbaghia violacea</i>)	Blazing Star, (<i>Liatris</i>)	Golden Dewdrop, (<i>Duranta repens</i>)
Zinnia, Many varieties	Goldenrod, (<i>Solidago</i>)	
Fire Spike, (<i>Odontonema strictum</i>)	Stoke's Astor (<i>Stokesia laevis</i>)	
Lantana, sterile hybrids	Golden Dewdrop, (<i>Duranta repens</i>)	
Butterflies sent by Great House Butterfly House that are not commonly found here.		
Julia	Passionvine (<i>Passiflora Incarnata</i>)	
Zebra Long wing	Milkweed (<i>Asclepias</i>)	